

TERRY RUTHRAUFF, PSY.D.

Psychological Services Center ♦ St. George's University ♦ Grenada
473.405.4003 (C) ♦ 473.439.2277 (O) ♦ truthrauff@sgu.edu

PROFESSIONAL CREDENTIALS

Licensed Psychologist **September, 2006 to present**
Maryland, United States (04400)

Credentialed Psychologist **September, 2006 to present**
National Register of Health Service Providers in Psychology, United States (51589)

Certified in Disaster Mental Health **October, 2006 to present**
American Red Cross, United States

RELEVANT WORK EXPERIENCE

Community Association for Psychosocial Services **January to May, 2011**
Kono and Kailahun Districts, Sierra Leone
Position: Visiting Psychologist
Responsibilities: Witnessed all aspects of the work of the Community Association for Psychosocial Services, an affiliate of the Center for Victims of Torture, in villages, schools and prisons during sabbatical from St. George's University. Also, assisted with program development, clinical supervision and other projects.

St. George's University Psychological Services Center **March, 2004 to present**
St. George's, Grenada
Positions: Director/Acting Director/Psychologist
Responsibilities: University - Departmental administration, staff supervision, committee work, training, consultation, psychotherapy, teaching, research and crisis intervention. Converted clinical records to electronic format. Successfully facilitated International Association of Counseling Services accreditation. Coordinates substance abuse prevention and treatment program. Initiated conflict resolution program, departmental website and LGBTQQ safe-zone. Community pro bono work - Actively involved in programs addressing gender-based violence. Collaborated with various governmental agencies, national NGOs and INGOs to develop and administer psychosocial programs after hurricane disaster. Provides direct psychotherapy services for those referred for tertiary-level treatment. Translated disaster manual from Spanish to English and adapted for local use. Assisted with four productions of Vagina Monologues.

Operation Crossroads Africa **June to August, 1999**
Kusamai and Toro Bah, The Gambia
Position: Group Facilitator
Responsibilities: Led an international group of undergraduate students and host country nationals in western Africa for cross-cultural exchange and development program. Duties included facilitating projects, managing group finances and ensuring health and safety of participants during stays in small, remote villages.

Peace Corps of the United States **February, 1995 to September, 1997**
Miraflores Cochapamba, Ecuador
Position: Volunteer
Responsibilities: Lived and worked in an isolated, indigenous Andean village. Provided leadership in

reforestation and introduction of alternative agricultural methods. Wrote successfully funded USAID grant. Facilitated cross-cultural and language program in village school. Served as elected representative to Volunteer Advisory Council that met regularly with Peace Corps administration. Gave mental health presentations to Peace Corps Trainees. Conducted crisis debriefing for INGO. Assessed indigenous community plagued with suicide/addictions. Managed a scholarship fund for village students after return to United States.

Family and Child Therapies

August, 1994

Rezekne, Latvia

Position: Assessment Team Clinician

Responsibilities: Evaluated dozens of individuals and families as part of a comprehensive health assessment of an impoverished region in Latvia. Reviewed local addictions treatment facility and hospital. Team made programmatic recommendations to community leaders.

Washington County Hospital

June, 1990 to June, 1994

Hagerstown, MD, United States

Position: Emergency Psychiatric Services Counselor

Responsibilities: Assessed patients with mental health needs presenting in emergency department that functioned as regional center for medical trauma and psychiatric emergencies. Arranged dispositions including voluntary and involuntary psychiatric hospitalization. Provided family and patient support services in cases of medical trauma or severe illness, including brief individual and group counseling. Involved with various community agencies. Participated in training of graduate students.

Lycher, Inc.

July, 1989

Hagerstown, MD, United States

Position: Camp Counselor

Responsibilities: Supervised developmentally disabled children in summer camp.

Turning Point of Washington County

January, 1987 to May, 1988

Hagerstown, MD, United States

Position: Mental Health Counselor

Responsibilities: Coordinated caseload of severely and persistently mentally ill adults in psychosocial program. Provided individual and group counseling. Facilitated various psychosocial activities.

San Mar Children's Home

February, 1986 to June, 1988

Boonsboro, MD, United States

Position: Childcare Worker

Responsibilities: Managed daily routine of abused and neglected children and adolescents.

Helpline of Washington County

November, 1983 to June, 1986

Hagerstown, MD, United States

Position: Volunteer Listener

Responsibilities: Actively listened to callers' concerns and made referrals for services as needed.

EDUCATION AND TRAINING

Doctorate of Clinical Psychology (Psy.D.)

September, 1998 to July, 2003

Antioch University's New England Graduate School

Keene, NH, United States

Accredited by the American Psychological Association

Graduate Certificate, Psychosocial Foundations of Peacebuilding

June, 2002 to June, 2003

School for International Training
Brattleboro, VT, United States

Courses and fieldwork involving transformation of conflict from destructive to constructive process, intergroup community building, multiculturalism and post-violence healing. Fellow students consisted of 64 persons from 31 countries. Participated in conference in Bosnia.

Pre-service Training

February, 1995 to June, 1995

Peace Corps Training Center
Quito, Ecuador

Three months of intensive study of Spanish, multiculturalism, personal health and safety and alternative agricultural methods.

Master of Arts, Clinical Psychology

September, 1988 to May, 1991

Towson State University
Towson, MD, United States

Bachelor of Arts, Cum Laude, Psychology

January, 1985 to December, 1986

Shepherd College
Shepherdstown, WV, United States

Associate of Arts, Human Services

September, 1981 to May, 1984

Hagerstown Junior College
Hagerstown, MD, United States

DOCTORAL INTERNSHIP

Dwight D. Eisenhower Veterans Affairs Medical Center

July, 2002 to July, 2003

Behavioral Health Services
Leavenworth, KS, United States
Position: Psychology Intern

Responsibilities: Individual and group psychotherapy, case management and assessment services. Primary rotations included Domiciliary, Posttraumatic Stress Disorder and Substance Abuse Units. Group activities involved the utilization of Dialectical Behavior Therapy and the development of a conflict transformation and forgiveness program. Accredited by the American Psychological Association.

PRACTICA EXPERIENCE (for all degrees)

Psychological Disability Services

September, 2000 to May, 2001

University of Massachusetts
Amherst, MA, United States

Position: Clinical Case Manager

Responsibilities: Provided case management, psychotherapy, advocacy and other support services to caseload of 65 university students with psychological disabilities. Administered comprehensive assessment batteries.

Psychological Services Center

September, 1999 to July, 2000

Antioch University New England Graduate School
Keene, NH, United States

Position: Clinician

Responsibilities: Conducted psychotherapy with students, couples and families. Provided assessment services for those presenting with learning disabilities or psychological difficulty. Facilitated behavioral

change/support groups for cardiac rehabilitation patients and families at the Dartmouth-Hitchcock Cheshire Medical Center.

Family Services Counseling Center **September, 1990 to May, 1991**

Hagerstown, MD, United States

Position: Extern

Responsibilities: Counseled individuals, couples and families presenting with various problems including depression, addictions and interpersonal difficulty.

Newton D. Baker Veterans Affairs Medical Center **August, 1986 to December, 1986**

Martinsburg, WV, United States

Position: Extern

Responsibilities: Various para-professional activities on inpatient addictions unit.

RESEARCH EXPERIENCE

Psychological Services Center **January, 2005 to present**

St. George's University

St. George's, Grenada

Position: Director

Responsibilities: Designed and conducted web-based client satisfaction study. Oversees compilation of departmental statistics. Provides administrative support to other related projects (e.g., substance use patterns among student population).

Antioch University's New England Graduate School **January, 2002 to July, 2003**

Keene, NH, United States

Position: Doctoral Candidate

Dissertation: *Building peace: The transformation of protracted, destructive conflict.*

Psychological Services Center and Center for Psychological Practice **October, 1998 to August, 2000**

Antioch University New England Graduate School

Keene, NH, United States

Position: Research Coordinator

Responsibilities: Various duties related to collection and analysis of data in clinic outcome studies.

Office of Fair Practices (Affirmative Action) **September, 1988 to May, 1990**

Towson State University

Towson, MD, United States

Position: Graduate Assistant

Responsibilities: Conducted administrative research. Coordinated university-community activities.

TEACHING EXPERIENCE

Abnormal Psychology - Associate Professor **January, 2006 to May, 2008**

School of Medicine

St. George's University, Grenada

English - Teacher **May, 1995 to August, 1997**

Escuela Fiscal Mixta Fermin Orejuela Miraflores

Miraflores Cochapamba, Ecuador

Various Subjects – Tutor

San Mar Children’s Home
Boonsboro, MD, United States

February, 1987 to May, 1988

Basic Academic and Life Skills – Mental Health Counselor

Turning Point of Washington County
Hagerstown, MD, United States

January, 1987 to May, 1988

Mathematics – Classroom Assistant and Tutor

Shepherd College
Shepherdstown, WV, United States

September, 1985 to December, 1986

SELECTED PRESENTATIONS AND TRAININGS

Ruthrauff, T. (2010, September). *Five steps to a safe, healthy and caring learning environment*. Seminar for new veterinary students, St. George’s University, Grenada.

Ruthrauff, T. (2010, April). *Advising students at-risk: Academic accommodations, crises and confidentiality*. Training for academic advisors, St. George’s University, Grenada.

Green, P. & Ruthrauff, T. (2010, January). *Resolving conflicts, honoring differences*. Host and coordinator of workshop series for island and university community members, St. George’s University, Grenada.

Green, P. & Ruthrauff, T. (2009, January - March). *Project harmony: Dialogue and community building in Grenada*. Host and coordinator of workshop series for island and university community members, St. George’s University, Grenada.

Ruthrauff, T. (2008, August). *Life skills training*. Presentation to 20 adolescents for the National Children’s Home, St. Paul’s, Grenada.

Ruthrauff, T. (2008, April). *Conflict resolution in an academic setting*. Seminar for School of Veterinary Medicine students, St. George’s University, Grenada.

Ruthrauff, T. (2008, April). *Managing stress and coping more effectively*. Seminar for Housekeeping Department, St. George’s University, Grenada.

Green, P. & Ruthrauff, T. (2008, March). *Managing conflict successfully*. Host and coordinator of workshop series for island and university community members, St. George’s University, Grenada.

Ruthrauff, T. (2008, February). *Managing the stress of Peace Corps life*. Seminar for Peace Corps Volunteers, St. George’s, Grenada.

Ruthrauff, T. (2007, November). *The transformation of conflict in an academic setting*. Faculty seminars, St. George’s University, Grenada.

Ruthrauff, T. (2007, May). *Demystifying forgiveness*. Community seminar, St. George’s, Grenada.

Ruthrauff, T. (2007, April). *Gender-based violence in Grenada*. University/community workshop, St. George’s University, Grenada.

Ruthrauff, T. (2007, March to present). *Sexual behavior: No means no!* Biannual presentation to newly

matriculated students, St. George's University, Grenada.

Ruthrauff, T. (2007, February). *Responding to sexual assault: Do not blame the victim!* Presentation to university community, St. George's University, Grenada.

Ruthrauff, T. (2006, November). *Intervening with potentially dangerous persons.* Training session for Security Department Officers, St. George's University, Grenada.

Ruthrauff, T. (2006, September). *Disaster mental health: Psychosocial interventions after Hurricane Ivan.* Guest lecture for Master of Public Health students, St. George's University, Grenada.

Ruthrauff, T. (2007, February to present). *Substance use: Personal, social, and professional implications.* Biannual committee presentation to newly matriculated students, St. George's University, Grenada.

Ruthrauff, T. (2004, October to present). *Assisting the person in psychological crisis.* Training session offered repeatedly to St. George's University staff, students and faculty and various community groups, Grenada.

Ruthrauff, T. (2004, November). *Parameters of para-professional counseling.* Training session for Grenada Red Cross Volunteers, Grenada.

Ruthrauff, T. (2004, October). *Selected topics in professional counseling.* Training session for UNICEF-funded Grenada Wellness Project, Grenada.

Ruthrauff, T. (1997, September). *The dangers of substance abuse as a Peace Corps Volunteer.* Training session for group of 40 Peace Corps Trainees, Peace Corps Training Center, Quito, Ecuador.

Ruthrauff, T. (1995, May to 1997, August). *Managing the stress of Peace Corps life.* Training session presented regularly to groups of 40 - 55 Peace Corps Trainees, Peace Corps Training Center, Quito, Ecuador.

Ruthrauff, T. (1986, April). *Are those who drive while intoxicated less concerned for the welfare of others?* Poster session presented at the annual meeting of the West Virginia Psychological Association, Canaan Valley, WV, United States.

COMMITTEES

Sexual Assault Awareness and Prevention Coalition	August, 2010 to present
Psychological Services Center Post-doc Resident Search Committee	August to December, 2009
Behavioral Sciences Faculty Search Committee	May, 2006 to October, 2008
Substance Abuse Prevention Task-Force, Chair	May, 2006 to present
Dean of Students' Professionalism Committee	February, 2006 to present
Dean's Committee for Students with Disabilities	January, 2006 to present
Student Disabilities Committee	January, 2006 to present
National Counseling Service Design Team	February, 2005 to present

Professionalism Panel	January, 2005 to June, 2006
Developmental Disability Certificate Program Design Committee	January, 2005 to October, 2005
University Health Services Case Conference, Chair	December, 2004 to May, 2008
Return to Happiness Steering Committee	October, 2004 to September, 2005
Grenada Wellness Program Steering Committee	October, 2004 to September, 2005
Building Committee	October, 2004 to March, 2005
Safety and Security Committee	October, 2004 to December, 2004
Counseling Services Faculty Search Committees	September, 2004 to May, 2006
Psychology Relief Team	September, 2004 to September, 2005
Interim Coordinating Committee	September, 2004 to January, 2005
Substance Abuse Prevention Committee, Chair	August, 2004 to present
Coalition for the Rights of Persons with Disabilities	May, 2004 to April, 2005

SELECTED WORKSHOPS AND CONFERENCES ATTENDED

Psychological and Neuropsychological Effects of Anxiety Disorders	June, 2011
Advanced DSM-IV-TR and DSM-5 Preview	May, 2011
Trauma, Post-traumatic Stress Disorder and Grief	January, 2011
Association of University and College Counseling Center Directors Annual Conference	October, 2010
Association of University and College Counseling Center Directors Annual Conference	October, 2009
Association of University and College Counseling Center Directors Annual Conference	October, 2008
Attachment, Self-Regulation and Competency: Intervention with Traumatized Youth	June, 2007
Cultural Competence in Disaster Mental Health Response	October, 2006
American Red Cross Certification Course in Fundamentals of Disaster Mental Health	October, 2006

PROFESSIONAL MEMBERSHIPS

Grenadian Psychological Association – Founding Member and Fellow	March, 2010 to present
Association of University and College Counseling Center Directors	December, 2007 to present

Psychologists for Social Responsibility February, 1999 to present

National Peace Corps Association September, 1997 to present

Peace Psychology Division of the American Psychological Association June, 1992 to present

OTHER EXPERIENCES

PADI Certified Open-Water Scuba Diver April, 2007 to present

Personal Travel September, 1987 to present
Extensive visits to dozens of countries in North and South America, Caribbean, Africa, Europe and Asia.

Miscellaneous employment June, 1979 to January, 1985
Numerous positions in manufacturing, construction, shipping and service industries to fund university studies.